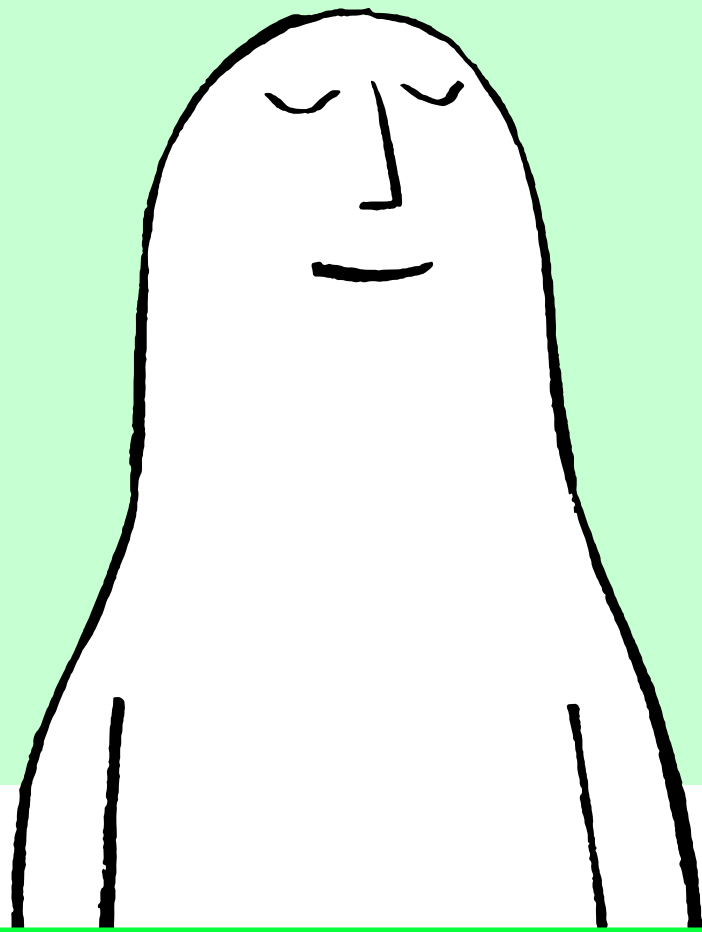


It's OK to Feel All the Feels



HOW ARE YOU? IT'S A QUESTION MOST OF US REPLY TO WITH AN "OK" OR "GOOD" OR "FINE." IMAGINE ALL THE WAYS YOU MIGHT REPLY. THERE IS NO WRONG WAY TO FEEL!

JOYFUL EXCITED ENERGETIC CHEERFUL CREATIVE HOPEFUL
DARING FASCINATED STIMULATED AMUSED PLAYFUL
OPTIMISTIC **POWERFUL** FAITHFUL IMPORTANT APPRECIATED
RESPECTED PROUD AWARE CONFIDENT WORTHWHILE
DISCERNING VALUABLE SUCCESSFUL SURPRISED **PEACEFUL**
CONTENT THOUGHTFUL INTIMATE NURTURING TRUSTING
LOVING RELAXED PENSIVE RESPONSIVE SERENE SECURE
THANKFUL **SAD** GUILTY INFERIOR LONELY DEPRESSED
ASHAMED BORED TIRED REMORSEFUL STUPID ISOLATED
APATHETIC SLEEPY **MAD** HURT HOSTILE ANGRY FRUSTRATED
SELFISH HATEFUL CRITICAL DISTANT SARCASTIC IRRITATED
SKEPTICAL **SCARED** CONFUSED INSIGNIFICANT REJECTED
HELPLESS SUBMISSIVE ANXIOUS INSECURE INADEQUATE
BEWILDERED DISCOURAGED EMBARRASSED OVERWHELMED