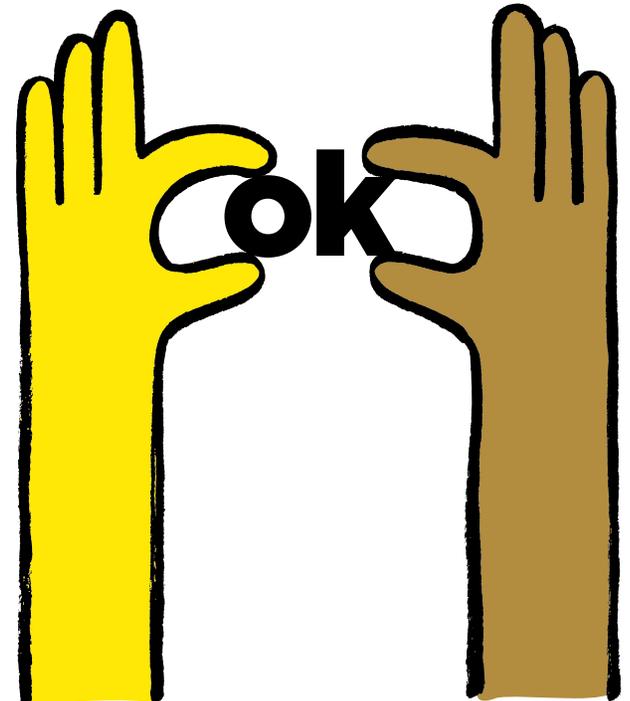


Understanding Consent and Permission

Consent means to give permission to allow someone to do something. We might give permission and allow someone to do something like play with our toy, take our photo or give us a hug. Consent can be changed and it's good for us to understand healthy ways to ask and healthy ways to tell someone no.

Discussion Questions

1. When are some times that we might need to ask for consent or permission? (e.g., sharing, physical contact, secrets, taking photos).
2. Why is asking for consent or permission important?
3. Why might somebody say "no" and why do we need to respect people when they tell us no?
4. Consent does not mean that you've given permission forever. It's okay to change our minds and it's good to check with our friends to make sure they are still okay with the activity they've agreed to.
 - What happens when someone has given consent or permission and then changes their mind?
 - What happens when someone has given consent or permission and changes their mind after a few minutes or during an activity?
 - What happens when someone gave consent or permission yesterday? Do we need to ask for permission again?



Understanding Consent and Permission

Take Action

As a class, make a list of ways that you can respectfully ask someone for consent or permission (e.g., for sharing a toy, for a hug).

As a class, make a list of ways that you can respectfully tell someone “no” or that you’ve changed your mind. Keep these phrases in plain sight so students can reference them throughout the school year—and the teacher can model them too!

